

A romantic couple walking through a lush green landscape in Bali. The woman is wearing a green tank top and white pants, and the man is wearing a white shirt and white pants. They are both smiling and looking at each other. The background features a mountain range and a valley with green fields.

Dana Bali Hideaway

Couples Reconnection Retreat

A private retreat for two - space to slow down, listen differently, reconnect and remember what it feels like to be on the same side.

3-5 days

one couple

personally curated

Private couples retreat | Bebandem / Karangasem, Bali

Make space for each other again.



Relationships can become crowded by work, responsibilities, stress, routine and everything that needs to get done. This private retreat creates intentional space away from everyday noise so you can slow down, be curious about each other again and reconnect without pressure.

Whether you feel disconnected, are moving through a difficult phase, want to improve communication, rebuild closeness, explore intimacy, face an important decision together or simply want a meaningful reset, the retreat is shaped around your relationship and your pace.

THIS RETREAT MAY BE FOR YOU IF

- You love each other, but everyday life has created distance.
- You want more honest communication, emotional closeness and understanding.
- You are recovering from a difficult phase or want to rebuild trust gently.
- You want to reconnect with affection, playfulness, intimacy and quality time.
- You are at a crossroads or simply want to invest in your relationship before problems grow.

Connection, without a rigid programme.

Your 3-5 day retreat is personally curated. The experiences below are included and offered as invitations - you choose what feels right for your relationship.

ARRIVAL & INTENTION

Settle into your private room, enjoy the garden and pool, then begin with an opening couples session and a gentle evening practice.

MORNING CONNECTION

Partner yoga, breathwork or meditation followed by an excellent, nourishing brunch and unhurried time together.

DEEPER WORK

Private couples coaching, communication and trust exercises, guided reflection or journaling - shaped around what you want to understand or strengthen.

SPACE & EXPERIENCE

Massages, nature walks, pool time, shared cooking, a local Bali experience or simply phones-off time to enjoy each other without an agenda.

RITUAL & INTEGRATION

A Balinese blessing ceremony, partner Yin or mindful movement, shared dinner, and a closing session with simple relationship rituals to take home.



NOTHING TO PERFORM

This is not about being a "perfect couple." It is about meeting each other with more presence, honesty and care.

Private time, fully supported.

ALL-INCLUSIVE PRIVATE COUPLES RETREAT

EUR 350 / couple / day

Private room with king-size bed + private bathroom | 3-5 days | available on request

INCLUDED - ALWAYS OPTIONAL

- Private couples coaching
- Partner Yin, yoga, breathwork & meditation
- Shared cooking experience
- Couples massage
- Snacks, water, tea & coffee
- Communication & trust exercises
- Reflection, journaling & phones-off quality time
- Balinese blessing ceremony
- Excellent, nourishing brunch + dinner
- Nature time & local Bali experiences

WHAT YOU MAY TAKE HOME

- More emotional closeness and mutual understanding
- Renewed trust and a sense of being on the same team
- Simple rituals for connection in everyday life
- Clearer, kinder communication
- More affection, playfulness and intimacy
- Shared clarity and direction for what comes next

AVAILABLE ON REQUEST

A few days can change the way you meet.

Before the retreat, we clarify what you both want from this time together. Your stay is then curated around your relationship - balancing guided work, shared experiences, rest, nature and space to simply enjoy being together.

HOW IT WORKS

- 1 Enquire for your preferred dates or book a free 15-minute orientation call.
- 2 We clarify what you want to reconnect with, understand or strengthen.
- 3 Your private 3-5 day retreat is curated around your relationship and pace.
- 4 You return home with shared experiences and practical rituals for everyday connection.

BOOKABLE WITH OUR ASSISTANCE

Airport transfer • motorbike rental • laundry service • additional excursions

Flights, travel insurance, visa costs and personal expenses are not included.

MAKE SPACE FOR US

Secure your spot - and your relationship

Or sign up for a free 15-minute orientation call to see whether this retreat feels right for both of you.

Two people. One shared pause. A retreat shaped around your relationship.